

Warren & Forest Counties  
 Area Agency on Aging  
 49 Years of:  
 Experience, Inc.  
 905 4th Ave  
 Warren, PA 16365  
 (814) 723-3763  
 experienceinc.org



## Five Strategies to Avoid the ‘Grandparent Scam’

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**Harrisburg, PA** – Recent cases of two senior citizens in Pennsylvania falling victim to the “Grandparent Scam” are reminders that people of all ages need to pay attention to details and exercise caution before sending money across long distances and state or international borders, says Secretary of Banking and Securities Robin L. Wiessmann.

Senior citizens in Berks and Bucks counties were victimized and lost thousands of dollars to criminals who followed this script:

- A grandparent receives a phone call and a young voice says, “Hi Grandma (or Grandpa), it’s me.” In a moment of confusion, the grandparent answers this greeting with something like “Yes, Michael (or Sharon). How are you?” Alternatively, a stranger purporting to be an attorney, law enforcement official, or friend may be on the line claiming a grandchild has been arrested or is in otherwise dire straits.

- The scam artist tells the victim about an emergency – legal trouble in a foreign country, a medical emergency, or a lost/stolen wallet – and that grandma or grandpa can help by wiring money to a faraway city.

- The caller will then swear “grandma” to secrecy (“mom and dad will get angry if they know about the trouble I’m in”) or will insist the grandparent’s action is required far too swiftly to allow time to contact other family members.

- The victim then wires hundreds or even thousands of dollars to the faraway city. Sometimes the scam continues for days or weeks, with follow-up calls explaining that for whatever reason, the first wire transfer did not contain enough money and the “grandchild” needs more money wired immediately.

Wiessmann notes that once the wire transfer is completed, the money most likely cannot be recovered. She advises senior citizens to take the following steps to protect themselves from the Grandparent Scam:

- 1. Call your relative back using a phone number known to you.** If you receive this kind of phone call, contact the grandchild who is supposedly involved by reaching them through a known phone number or check it out with your grandchild’s parents before you decide to help someone claiming to be a family member or friend. If they are really your family, your grandchild will understand your need to verify the information you are being given.
- 2. Ask the caller personal questions known only to family members.** Engage the caller in conversation about issues that only family members would know involving information not easily obtainable. Ask about their birthdate or school they attend – or ask them what they got for Christmas from you last year, or ask them to give you the name of the pet cat or dog you have had for as long as they can remember.
- 3. Don’t send money right now.** Scammers will play on your emotions and push you to act quickly, but there are few faraway emergencies that require you to act immediately.
- 4. Be cautious about wire transfers – that money cannot be recovered.** Wire transfers are typically the preferred payment method of scam artists. Any request for a wire money transfer should be approached with extreme caution.

**Continued on page 3**

## The ACC is now open from: 8:30 AM—4:00 PM Monday through Thursday

**BRAIN GAMES!!!** - Join us the **second Wednesday of every month at 11- 11:45 am**. Lead by Kinzua Healthcare & Rehabilitation Center manager Megan Sevick, Brain Games will offer fun and challenging games to strengthen brain health and cognition. Light snacks provided!

**BIRTHDAY MONTH CELEBRATION** - **1st Thursday** of every month at noon. Enjoy a slice of birthday cake and celebrate with those who have a birthday this month. Cake is compliments of Warren Manor.

**JUST FOR FUN CRAFT-** Monday, Feb. 12 at 10:30 in the rec room.

**ADULT COLORING** - Wednesday Feb 28th at 10:30 in the dining room.

**OUT AND ABOUT-** Thursday, February, 22th . Enjoy local dining at the Cornerstone. We will be on the first floor for easy accessibility. Sign up at the receptionists desk or call 723-3237 for your reservation. TAWC will pick you up at your home or at ACC. Arrive at the restaurant at 4:45.

**TRASH & TREASURE-** Wednesday, Feb 28th at 12:30 in the dining room.

**WARREN CHRISTIAN WOMEN'S CONNECTION** presents a Luncheon. You are invited to attend the luncheon/meeting of the Warren Christian Women's Connection held in the dining room of the Allegheny Community Center on **February 13th at noon. Featuring Tammy Shepard, Missionary who served in Haiti. Speaker Buddy Ward. Music Provided by Richard Geer.** Your reservation for this lunch must be made **February 8th** by calling Lee Jones at 723-5952.

**BLOOD PRESSURE SCREENING** -10 :30 to11:30 on the 1st and 3rd Monday mornings.

### FRIENDSHIP TUSEDAY - ALL DAY FEBRAURY 27th

Bring a friend to join us for lunch and show them our facility!

Please make your lunch reservations at least two days prior to your visit.



### AARP SAFE DRIVER COURSES, 2018 FOR Pennsylvania Drivers @ ACC

Members fee \$15. Non-members \$20. An additional \$2 will be added to defray operating costs at the ACC. For more info or to make a reservation call the ACC at 723-3237.

March 14—4 hour course

May 23—4 hour course



April 4 & 11—8 hour course

June 13—4 hour course

**HEALTHY STEPS IN MOTION** – Tuesdays and Thursdays, each week at 11 am. Chair and low Impact exercise in room 244.

**BINGO** – Mondays at 1:00 pm in the dining room for prize bingo. Thursdays at 12:45 pm with Sallie in the Recreation Room. Come Join in the fun as Lynda learns the ropes of BINGO calling.

**TRASH AND TREASURE BINGO** – Last Wednesday starts 12:30 FREE to play! Donate your “trash” or “treasure” items. Take them to Lynn's office and place them in the blue bin for the next bingo game.

**BRIDGE** -Every Tuesday at 12:30 in the rec room new players are welcome., enjoy friendly competition!

**PINOCHLE** – Tuesdays at 1 pm in the dining room. Beginners are welcome.

**SCRABBLE CHALLENGE** – Monday's at 12:30 pm in the rec room. Good mind exercise!

**WANTED CRIBBAGE PLAYERS AND HAND & FOOT PLAYERS** : CONTACT Lynda at 723-3237 Ext. 10

**MAH-JONGG** – Fascinating rummy-like game played with tiles instead of cards. Originating in China, the game dates back to the time of Confucius. Come learn how to play on Wednesdays at 1 pm. Open to the public.

**JUST FOR FUN CRAFT** - Monday February 12th at 10:30. Lets create something together.



**Hospice of Warren County**  
Neighbors Caring For Neighbors Since 1979  
**723-2455**

# Palliative Care

*Improving quality of life through pain management, care and support*

**hospiceofwarrencounty.com** 

Continued from page 1

**5. Review personal information posted on social media.** Be careful about personal information you post on social media sites like Facebook or Twitter and advise your family members to be cautious as well. Sometimes this is just enough personal information on social media that anyone can see to help a scam artist convince you that they know you.

If you believe you have fallen victim to this or any other scam, contact the Pennsylvania Office of Attorney General (1-800-441-2555) or your local law enforcement.

For More information on Events, Classes, and Programs visit the New ACC Website at [www.alleghenycommunitycenter.com](http://www.alleghenycommunitycenter.com)

What's Happening at the Endeavor Senior Center? 463-7774

The Endeavor Senior Center is open Tuesday, Wednesday and Friday from 9:00am to 3:00pm.

February Events:

1st Tuesday of the month—blood pressure screening

Every Tuesday and Wednesday cards & left right center, domino's

Bingo- every Friday @ 10:30 before lunch



What's Happening at the Marienville Senior Center? 927-6607

The Marienville Senior Center is open Monday, Wednesday, Thursday from 8:30am to 2:30pm. call 814-927-6607

February Events : Bingo every day after lunch - Monday Game Day

Monday : Game Day 10am

12th - Speaker Gary Lester on Coping 11:00am

19th - Closed

26th - Trash & Treasure

Wednesday : 7th 50/50, Blood Pressure Screening 9 -11:30 Exercise 11:30

14th Valentines Party , Exercise 11:30

21st 50/50, Exercise 11:30

28th Exercise 11:30

Thursday : Craft Day-9:30 22nd Advisory meeting 11:30

Blood pressure first Wed of every month 10-11am



Tidioute Senior Center is open from 9:00- 3:00 Monday, Tuesday, and Thursday.

February events:

Games every Monday after lunch

Every Monday, Tuesday & Thursday - Adult Coloring.

Every Tuesday after lunch - regular Bingo.



## Sheffield Hospitality Center

### February 2018

#### Lunch served at noon Monday, Thursday, Friday.

Thursday, February 1 Advisory Council meeting 10:30 Exercise 3:00.

Friday, 2nd Make a key ring 9:45.

Monday, 5th 10 signs of Alzheimer's with Jill Curtis 11:00.

Thursday, 8 - morning chair exercise, cards, bingo, and afternoon exercise 3:00.

Friday, 9 - make a Valentine 9:45, cards.

Monday 12 - Valentines Party.

Monday, 19 - Assemble Newsletter.

Thursday, 22 - Morning chair exercise, cards, Birthday Lunch, bingo, exercise 3:00.

Friday, 23 - Make a Little Birdseed Feeder 9:45, cards.

Monday, 26 - Jeopardy 11:00.

### Upcoming Adventures -

April 30 thru May10 2018 Iceland, Ireland, and Scotland.

June 13-14 2018 Sight and Sound Theater presents "Jesus" \$249 double.

September 18-21 2018 Wildwood, Cape May, Atlantic City and Philadelphia \$449 double.





**Out & About - Thursday February 22nd at 4pm.** PAGE 6

Were taking the TAWC bus Thursday February, 22nd, and we will be on our way to the Cornerstone Lounge in Warren. It's a great place to relax after the holiday season. TAWC will pick you up and drop you off at your home. We will arrive at the restaurant at 4:45.

*For pick up time, call TAWC no sooner than the day before.*

*Those being picked up at ACC should be here no later than 4pm*

**Call 723-3237 or see the receptionist for your reservation!**



## Celebrate Valentine's Day at the ACC!

\* *Entertainment by Joe Glamer at lunch*

\* *Valentine's Cookies for sale all day*

*Heart Shaped Sugar Cookies are \$1 for a large heart or \$7/dozen for smaller hearts*



\* *Valentine's Basket Drawing*



*Basket contains lots of Valentine's treats, pampering items and \$50 in cash!*

**Please call to make your lunch reservations  
by February 12th (723-3237).**



# ACC Supporters

## 2017 Fundraising Campaign

*Thank you to all who contributed to this campaign. It was a great success and will certainly help the ACC to pay for our rent and utilities this year.*

**Business, Organization or Service Club Donors -**

## Celebrators

**The Sokolski Family Fund**

**The Betts Foundation**

## Friends

**Dru Schoenborn, Attorney**

**West Penn Oil Co., Inc.**

**Kiwanis Club of Warren, Inc.**

**CTI Physical Therapy**



**Continued**

# ACC Supporters

2017 Fundraising Campaign

Business, Organization or Service Club Donors, Continued -

## Investors

Tidioute Senior Center Peter Hoffman, DMD, PC

Terlin's Reflections

Clarendon VFW Post 314

BPO Elks #223, Inc.

Quick Solutions

Advanced Disposal Services

TOPS PA 1489

Warren County Crime Stoppers

Youngsville American Legion Post 658

Village Missions – Warren CW Country Partners

Donald E Lewis Funeral Home



*Continued*

# ACC Supporters

2017 Fundraising Campaign Donors

Individual Donors -

## Platinum

**Henry Hus, Nancy North and  
Zelda Kittell**

## Gold

**Sally Clark, Shirley Hitchcock, Sandra  
Morris, John & Cindy Jarzab, Sylvia J  
Follett, Salvatore Casanova, Marguerite  
Lyle, Tom and Geraldine Smith, Dr & Mrs  
Ronald Simonsen, Carolyn O'Donnell and  
Sandy Hansen, Joyce M Brecht, John &  
Olivia Sechriest, Phyllis Wright, and Alice  
Proper**



*Continued*

# ACC Supporters

2017 Fundraising Campaign Donors

Individual Donors, Continued-

## Silver

**Charles Merroth, Robert Cisek, Peg Stino, Eunice Bish, Angela Reitz, William Manning, William Johnson, Shirley Betts, Beverly & Gary Tipton, Fran Aldrich Perrin, Ellen Wozneak, Doug Jones, Phyllis & George Broadbent, Lynn & Mark Espin, Richard N Swanson, Anne & Carl Wolf, Judith Wilson, Larry & Susan Himes, Elaine R Rarey, Mike & Karen Zurkan, Edwin Derby, Bill & Dorothy Pearson, Ashely Hummer, Terry Hockensmith, Douglas Smith, Rick & Tricia Kubas, John & Shirley Crone, Beverly Himes, Suzette Berdine, Linda Huber, Larry & Deborah Jackson, Joanne Sutton, and Richard & Marlene Walchli**



*Continued*

# ACC Supporters

2017 Fundraising Campaign Donors

Individual Donors, Continued -

## Bronze

Evelyn Eaton, Nancy Lyon, Marilyn Dahlgren, Carole Kula, Susan Morley, Jerry & Norma Bankoske, George Yeagle, Jr., Jetta Bishop, Patricia Bratz, Nancy A Nichols, Phyllis Clayton, Julia Ziki, Judy Hartley, John & Sylvia Zavinski, Kathleen Sears, Clair & Patti Benson, Jacqueline L Rhodes, Marilyn Gustafson, Fred & Gloria Stanton, Mary Massa, Elizabeth McPherson, Jim & Carol Lopez, Kathy McLaughlin, Patrick Williams, Martha Rodgers, Mary R Schorman, Lois Gettings, Jill Dart, Betty A Chase, Clair & Marian Beardsley, Betty Carlson, Beverly Polley, Stephanie Maze, James Reese, Ron & Kitty Morse, Patricia Watson, Lois J Stapfer, Carol Christensen, Janet I Keller, Jacqueline Cunningham, Jerry & Char Corbran, Liliane Reasor, Dory Jamieson, Dolores Gordon, Eleanor Johnson, Jane R Dunshie, Barbara L Cole, Joyce E Acklin, Rita Cox, Thomas & Roberta Hessley and Peter Colagiacommo

## All other contributors

Marilyn English, Rita Gillespie, Joan Madigan, Nancy J Schuyler, Renee & Chuck Tower, Patricia Stanton, Rosalie Logue, Ingrid & Jim Fitzgerald, JoAnn Maurice, Lois Marshall, Martha K Vaughn, Renee Tower, Mary Eileen Saylor, as well as several anonymous donors!



# Allegheny Volunteer Alliance



The Allegheny Volunteer Alliance (AVA) program is sponsored by Experience, Inc. in partnership with the Allegheny Community Center for residents in Warren and Forest Counties. The AVA office is located at the Allegheny Community Center, 42 Clark Street, in Warren.

AVA volunteer benefits include: excess Insurance, recognition, referrals, the opportunity to learn a new skill!

## Looking for a meaningful volunteer opportunity?

*Take an active role in your community and become a tax volunteer — a chance to touch many lives!*



*Are you looking for a volunteer opportunity in your community? Here's your chance to lend a helping hand. You can learn to prepare taxes and make a difference at the same time by becoming a volunteer with the Volunteer Income Tax Assistance (VITA) program.*

*You'll receive quality training to provide free tax help for low-to-moderate-income families who need assistance preparing their tax returns. Every filing season, tax volunteers make a huge difference in their communities by helping prepare hundreds of tax returns at over 10 tax prep sites in Warren and Forest Counties. Although, nationwide, over 3.5 million returns were prepared last year, with your help, many more free returns can be completed.*

*Once you complete your training, you will begin volunteering at a location in our community. Our VITA tax volunteer coordinator is here to help with issues and concerns as you learn and become familiar with the program!*

*Also for 2018— The ACC is also looking for a few volunteers to help make tax appointments using an online scheduling database. Must be computer literate.*

***Interested? Call Sue Himes at the ACC at 814-723-3237.***

**Volunteers Make a Difference! Call Sue Himes for more information at 723-4180.**





History of Candy Hearts

They were first made in 1866 by candy maker NECCO. Originally called Motto Hearts. 8 billion of these candies are sold between New Years and Valentines Day!



- ◆ **ROSES** 110 billion roses are sold each year !
- ◆ **California produces 60% of Americas roses, the rest are imported from South America.**



**5 Chicken Marala**

9:30 Coffee, Pool, Hand &Foot  
 10:30 Blood Pressure  
 12:30 Scrabble  
 1:00 Bingo, Cards

**6 Chicken/Dumplings**

9:00 Painters meet  
 10:00 Bible Study  
 11:00 Healthy Steps  
 12:30 Bridge  
 12:45 Line Dance  
 1:00 Pinochle

**7 Meatloaf**

9:00 Wednesday Walk  
 9:30 Pool  
 11:00 Brain Games  
 12:30 Cards, Bowling  
 12:45 Line Dance,  
 1:00 Mah-Jongg, Bowling with Lynn

**12 Chicken Philly**

9:30 Coffee, Pool, Hand & Foot  
 10:30 Just for Fun Craft  
 12:30 Scrabble  
 1:00 Bingo, Cards

**13 Baked Ham**

9:00 Painters meet  
 10:00 Bible Study  
 11:00 Healthy Steps  
 11:45 Mardi Gras Float Contest  
 12:00 Christian Women's Lunch  
 12:30 Bridge  
 12:45 Line Dance,  
 1:00 Pinochle

**14 Tuna Noodle**

9:30 Pool  
 11:00 Brain Games  
 12:30 Card, Bowling  
 12:45 Line Dance, Make Mug Cake  
 1:00 Mah-Jongg  
**Joe Glarner entertaining at lunch!**



**19 Centers Closed**



**20 Baked Ziti**

9:00 Painters meet  
 10:00 Bible Study  
 11:00 Jammers  
 11:30 Healthy Steps  
 12:30 Bridge  
 12:45 Line Dance  
 1:00 Pinochle

**21 Swiss Burger**

8:00 Crime Stoppers  
 9:00 Wednesday Walk  
 9:30 Pool  
 12:45 Line Dance  
 12:30 Cards, Bowling  
 1:00 Mah-Jongg

**26 BBQ Chicken**

9:30 Coffee, Pool  
 Hand &Foot  
 10:30 Blood Pressure  
 12:30 Scrabble  
 1:00 Bingo, Cards

**27 Meatloaf Friendship Tuesday**

9:00 Painters meet  
 10:00 Bible Study  
 11:30 Healthy Steps  
 12:00 Friendship Day  
 12:30 Bridge  
 12:45 Line Dance 1pm Pinochle

**28 Chicken Thigh**

9:00 Wednesday Walk  
 9:30 Pool  
 10:30 Coloring  
 12:30 Trash & Treasure, Cards & Bowling  
 12:45 Line Dance  
 1:00 Mah-Jongg

**1 Roasted Pork**

9:00 Watercolor Class  
9:30 Card Embroidery  
11:00 Healthy Steps Exercise  
12:00 Birthday Celebration  
12:30 TOPS  
12:45 Bingo

**2 Chicken Picatta**

**Sheffield & Endeavor**  
**ACC Closed**

**Don't forget to make your VITA tax appointment!**

**Call the ACC at 723-3237 for info!**

**8 Haddock Florentine**

9:00 Watercolor Class  
9:30 Card Embroidery  
11:00 Healthy Steps Exercise  
12:30 TOPS  
12:45 Bingo

**9 Bratwurst**

**Sheffield & Endeavor**  
**ACC Closed**

Daily Bistro Choices are:  
Chef Salad \$4  
Cottage Cheese/Fruit \$3

*You do not have to call in advance for these meals but we appreciate it if you do!*

**15 Pork Ribette**

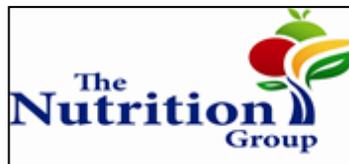
9:00 Water Color Class  
9:30 Card Embroidery  
11:00 Healthy Steps  
12:30 TOPS  
12:45 Bingo

**16 Lemon Pepper Pollock**

**Sheffield & Endeavor**  
**ACC Closed**

Remember to call 723-4180 by 11 am 2 days in advance for lunch reservations.

*Thank you!*



**22 Chicken Cutlet**

9:00 Water Color Class  
9:30 Card Embroidery  
11:00 Healthy Steps  
12:30 TOPS  
12:45 Bingo  
3:00 Out and About to the Cornerstone Lounge in Warren

**23 Baked Salmon**

**Sheffield & Endeavor**  
**ACC Closed**

Painters meet every Tuesday @ 9:00 am.

From one stroke painting to basic painting projects Tricia and LuAnn will be here every Tuesday at 9 am, to assist you all are welcome!



**AARP 4 HR class**

**Wed, March 14th**

**8:30 -12:30**

For details and to sign up call 723-3237 or stop at the receptionists desk at ACC !

**Suggested Lunch Donation is:  
\$3.00 for Over 60  
\$4.00 for Under 60  
We appreciate Your donation !**



**Valentines Day**

**Grandma's Cookie Sale!**

**Buy someone you LOVE a sweet treat for Valentines Day**

**On sale from**

**9 am till sold out!**



shutterstock - 122628715



**Health and Wellness**

**Know the 10 Signs of Alzheimer’s Disease - presented by Jill Curtis from the Alzheimer’s Association**

**February 5** - Sheffield Senior Center at 11:00

**February 21** - Endeavor Senior Center at 11:00

**Coping - presented by Gary Lester**

**February 12** - Marienville Senior Center

**March 14** - Allegheny Community Center at 12:00

**April 11** - Endeavor Senior Center at 11:00

**April 16** - Sheffield Senior Center at 11:00

**Healthy Steps in Motion Exercise Class - Tuesdays and Thursdays at the ACC from 11:00 to 11:30. FREE! This class strives to reduce the risk of falling by:**

- Building body strength
- Increasing flexibility
- Improving balance

**Walking Wednesdays** at 9:00 at the ACC

**Sunshine Bowling League \***

**Harry Gnage 190 - 549**

**Rita Hawk 185-500**

**Keith Hartly 209-528**

**Val Condio 209- 497**

**Gary Tipton 179- 498**

**Linda Ross 185 - 470**

**Gene Sanden 180- 486**

**Melody Shaffer 175-442**

**Ken Rowland 185 - 480**

**Angie Hargenrader 157 - 388**



**WATERCOLOR CLASS** - Learn a new skill or hone your artistic talent! Local artist, Celia Knapp, will offer weekly watercolor classes every **Thursday from 9 am to Noon in the dining room**. This class is for everyone from beginner to advanced. Call Celia at her home to sign up - 726-1667  
Cost is \$15 per class.

**STAMPING CLASS** – With Becky Eldridge. Held every third Monday of the month.

**BIBLE STUDY**-Tuesdays from **10:00 to 11:00 am**. Jim Reese conducts studies.

**ALLEGHENY BELLES LINE DANCING PRACTICE** – at the Allegheny Community Center on **Tuesdays and Wednesdays from 12:45 to 2:00 pm**. It's an enjoyable way to get exercise.

**PERSONAL TRAINING FOR OLDER ADULTS** - {Classes resume in the spring.} Strength training by Susan Streich. Great for maintaining muscle mass and balance. Call Susan at 779-8140 for more info and price.

**Card Embroidery - Thursdays at 9:30 am in the rec room**. Do you want to try something new? This very unique card making idea might be right up your alley. Join Nancy Lyon for this fun craft and discover the artist in you.

**CARDS - Your choice** on Wednesdays at 12:30 in the **rec room**.

## Keys to Aging Well

Stay physically active with regular exercise; stay socially active with friends and family and within your community; eat a healthy, well-balanced diet — dump the junk food in favor of fiber-rich, low-fat, and low-cholesterol eating; don't neglect yourself: regular check-ups with your doctor, dentist, and optometrist are even more important now; take all medications as directed by your doctor; limit alcohol consumption and cut out smoking; and get the sleep that your body needs!

Go to <https://www.everydayhealth.com/senior-health/understanding/index.aspx>

The logo consists of the letters 'CTI' written in a bold, black, handwritten style. The 'C' is a simple curve, the 'T' has a vertical stem and a horizontal top bar, and the 'I' is a vertical line with a small dot above it.

**THE CHOICE IS CLEAR**  
**CTI PHYSICAL THERAPY**  
**“Feel the Difference”**  
**2265 Market Street, Suite A**  
**Warren, PA 16365**  
**814-726-9050 or 800-726-9051**



## KEEP CALM - TAX SEASON IS UNDER CONTROL

The Allegheny Community Center in Warren would like to remind the residents of Warren and Forest Counties that IRS trained volunteers can help them free of charge if they are low income, disabled or elderly to fill out and file at no cost their Federal, State and Local tax forms, as well as their PA Rent & Property Tax Rebates. The income limit for this free assistance is, as a household, \$54,000/year as a joint return or over \$35,000 for a single return.

The following is the schedule of tax preparation sites throughout the region beginning January 29th:

**Allegheny Community Center (ACC)**- 42 Clark St, Warren, Monday thru Thursday 9 am-3 pm. Call the ACC at (814) 723-3237 for appointments.

**Youngsville Borough** - 40 Railroad St, Youngsville, Every Tuesday beginning February 6, 9 am – 3 pm. Call the ACC at (814) 723-3237 for appointments.

**Marienville** – Property Tax & Rent Rebates will be done at the Marienville Senior Center at the MACA building. Call them at (814) 927-6607. Call the ACC at (814) 723-3237 for tax preparation appointments. March 13<sup>th</sup> is designated for Marienville residents at the ACC, but appointments can be made for any day that the ACC has tax preparation available. Transportation to the Allegheny Community Center in Warren is available by calling the Forest County Transportation at 1- 800 - 222-1706.

**Endeavor Senior Center** - Township Bldg, Tuesday, February 13<sup>th</sup> and 27<sup>th</sup> from 10am – 2 pm. Call (814) 463-7774 for appointments. Appointments can also be made for any day that the ACC has tax preparation available. Transportation to the Allegheny Community Center in Warren is available by calling the Forest County Transportation at 1- 800 -222-1706.

**Tidioute Senior Center** - 174 Main Street, every other Thursday beginning February 8th, from 10 am to 2 pm. Call Merla McAfoos at Tidioute Sr. Center at (814) 484-3020.

**Tionesta Library**- 56 Elm Street, every other Thursday beginning February 15, 10am to 4 pm. Call the ACC at (814) 723-3237. Appointments can also be made for any day that the ACC has tax preparation available. Transportation to the Allegheny Community Center in Warren is available by calling the Forest County Transportation at 1- 800 -222-1706.

**Sheffield Hospitality Center**- 511 S Main St, Fridays, February 16, 23, March 9, 23 and April 6; 9 am – 3 pm. Call the Sheffield Hospitality Center at (814) 968-5667 for appointments.

Forms and information needed to bring to the tax appointment: Photo ID; Social Security card for everyone on the return; Last year return; Income forms; if consumer has Market Place Insurance bring their 1095A; SSA 1099 – Social Security; 1099 – R – Retirement data; 1099 INT - from banks, Credit unions; 1099 – DIV – Brokers, Insurance Co. etc.; Other income – 1099 Misc, W-2, W-2G Gambling wins/loses; Property Tax Stamped receipt if doing rebate – or rent form if doing rent rebate; Broker Composite report; Will have 1099 DIV, 1099 INT, 1099 B included.

If itemizing, bring all receipts and information: Medical bills and medical insurance premiums; Charitable contribution receipts; Property tax receipts; Mortgage statement from bank.

Lunch is available at all senior centers for a \$3 donation if consumer is 60 or older, or for \$4 for those under 60. Please call the center where you have your tax appointment 2 working days in advance for a lunch reservation.

The Allegheny Community Center is an affiliate of Experience, Inc and the United Fund of Warren County. Please call the center, 723-3237, for more program information.

**In April 2018, Medicare will begin mailing new Medicare cards with new Medicare Numbers. Take a look:** PAGE 18



Wondering what's different? Your new card will have a new Medicare Number that's unique to you, instead of your Social Security Number. That's just one way we're working to protect your identity.

**3 things you need to know about your new Medicare card:**

- Your new card will automatically come to you. You don't need to do anything.
- Your Medicare coverage and benefits will stay the same.

Your new card is free—there's no charge for it.



## **Celebrating 50 Years!**



**SERVING OUR LOCAL SENIORS IN WARREN AND FOREST COUNTIES**

**EXPERIENCE, INC., AREA AGENCY ON AGING**

**905 Fourth Avenue, Warren, PA 16365**

**814-723-3763**

Established in 1968, Experience, Inc., the Area Agency on Aging is a non-profit organization dedicated to meeting the needs of senior citizens in Warren and Forest Counties. We offer a wide variety of programs and services created for seniors to enhance their quality of life.

Experience's caring and professional staff is here to help plan and coordinate senior care.

Please call 814-723-3763, Extension 139 or visit our website at [www.experienceinc.org](http://www.experienceinc.org) for more information on the following services and programs: Care Management; Home Delivered Meals; Personal Care and Home Support; Personal Emergency Response Systems; the Apprise Program; Nursing Home Transition; the Ombudsman Program; Protective Services and Senior Community Centers.

***We are here to help!***



Here is the contact information on two local caregiving support groups in the Warren area:

**Karen Gray 723-9440  
Grace United Methodist Church  
501 Penn Ave. East**

**This group meets every third Monday of the month at 12:00.  
Karen says most people bring a bag lunch.**

**Bridges Adult Day Center—Contact Kim Tompkins at 814-726-1116  
905 4<sup>th</sup> Ave**

**Meets every 3rd Wednesday of the month from 4:30 to 6:00**

**There are also many national resources available on the web:**

**Family Caregiver Alliance  
[www.caregiver.org](http://www.caregiver.org)**

**National Family Caregiver Association**

**[www.thefamilycaregiver.org](http://www.thefamilycaregiver.org)**

**Elder Care Locator**

**[www.eldercare.gov](http://www.eldercare.gov)**

**Alzheimer's Association**

**[www.alz.org](http://www.alz.org)**

**If you have any questions or want to learn more about the Family Caregiver Support Program call your local Area Agency on Aging, Experience, Inc. at 814-723-3763 Ext.139.**

**SLEEMAN TRAVEL GROUP**  
**3710 JACKSON RUN RD. WARREN, PA**  
**Buses leave from the far end of Market Street (along the river)**

**February 6-16, 2018—Panama Canal with stops in Bahamas, Columbia, Colon Panama, Costa Rica and Jamaica. Princess Cruise Lines. Includes transportation to and from airport plus cruise.**

**BROCHURES AVAILABLE AT ACC IN THE RECREATION ROOM**  
**814-723-7143 or 730-9364 [www.sleemantravelgroup.com](http://www.sleemantravelgroup.com)**

## **Allegheny Community Center Optical Clinic**

**NO AGE LIMIT!!!!**

### **To make an appointment**

Call the Optical Clinic at the ACC (814) 723-3237 or (814) 723-4180 and ask for **Lynn Espin**. Each individual will need to bring a current prescription to their scheduled appointment.

The personnel at the clinic will assist you in selecting a frame and will fit them to your face. Frames will be mailed to the I Care Labs in Florida to have the lenses ground and inserted in the frame. The finished glasses will then be mailed directly to you within 14 days.

**Cash Payment Only!!! -No Credit Cards or Access Cards Accepted-**

**Cost is \$36.00**

**Additional Options:**

φ Trifocal Lenses (add \$10)

φ UV Coating (add \$5)

φ Standard Tint (add \$80)

φ Progressive-no line bi-focal (add \$30)



## Please Help to Support Your Center By Paying Dues

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ALL ACC memberships are renewable annually and are due on January 1st, 2018 for just \$15.00 for the upcoming calendar year (January 1st thru December 31st). We also ask you to complete a couple of information forms about yourself for our mailing list and emergency records if needed. Walk-ins can stop by ACC at the Reception office, Barb's office (room 230). You'll receive a monthly newsletter delivered right to your mailbox or emailed to you monthly!

## Allegheny Community Center Valentine's Basket Raffle will be held at lunch on February 14th!

Win \$50 in cash,  
candy, a heart  
wreath, pampering  
items & more!  
Benefits the  
ACC!



### The Older Adults Protective Services Act -

Protects Pennsylvanians 60 years of age and older against physical, emotional, or financial abuse as well as exploitation, neglect, or abandonment. Reporting of abuse is mandatory for employees and administrators in care settings. Reporting abuse is voluntary and anonymous for the general public, and the law protects all reporters from retaliation and civil or criminal liability. *Experience, Inc. your local Area Agencies on Aging receive reports 24 hours a day, 7 days a week, and are responsible to investigate within 72 hours.*  
**Call 814-723-3763 or 1-800-490-8505.**



**SERVING THE NEEDS OF CITIZENS IN WARREN & FOREST COUNTIES**

**Area Agency on Aging 48 Years of  
*Experience, Inc.*  
905 4th Ave Warren, PA 16365  
814-723-3763**

**Allegheny Community Center (ACC) 723-3237  
42 Clark Street, Warren, PA 16365**

**Endeavor Senior Center 463-7774  
Township Building, Endeavor, PA 16322**

**Marienville Senior Center 927-6607  
MACA Building, Marienville, PA 16239**

**Sheffield Area Hospitality Center 968-5667  
511 So. Main St., P.O. Box 786, Sheffield, PA 16347**

**Tidioute Senior Center 484-3020  
174 Main Street, Tidioute, PA 16351**